VD-HCBS Educational Webinar
January 17, 2018
Agenda

• ACL and VHA Opening Remarks
• 2017 VD-HCBS Successes and Highlights
• 2018 VD-HCBS Outlook
• VD-HCBS Utilization Study: Findings & Results
• Questions and Closing
ACL Federal Update

Mary Lazare, Principal Deputy, Administration for Community Living
VHA Outlook: 2018

Dan Schoeps, Director, VA Purchased Long Term Care
VD-HCBS Highlights: 2017

VD-HCBS Special Event: Mechanicsville, VA

- On November 30, 2017, Acting HHS Secretary Eric Hargan and VA Chief Veterans Experience Officer Dr. Lynda Davis presented at a VD-HCBS event in Virginia.
- The event recognized the successful VD-HCBS program at the Hunter Homes McGuire VA Medical Center (VAMC) and celebrated the launch of the VD-HCBS program at the Hampton VAMC.
- Bay Aging ADRC is the ADNA provider for both programs.

More information on the event, including local press coverage and a full event video can be found at: https://www.acl.gov/node/1134
AARP Promising Practice

• AARP’s Public Policy Institute released a No Wrong Door Promising Practice titled, “No Wrong Door: Supporting Community Living for Veterans.”

• The report highlights promising practices in VD-HCBS in five states (MI, WA, MN, CT, NH).

• The report also highlights other collaborative opportunities such as Cover-to-Cover and Ask the Question.

More information about the promising practice can be found at: http://blog.aarp.org/2017/11/08/promising-practices-to-support-community-living-for-veterans/
VD-HCBS Highlights: 2017

NEW ACL Website for VD-HCBS

• In early November, 2017, ACL launched a new No Wrong Door Website.

• VD-HCBS resources are available on the NEW VD-HCBS page on the ACL No Wrong Door Website: https://nwd.acl.gov/VD-HCBS.html.

• The VD-HCBS Ticker is still available at: www.adrctae.acl.gov.
VD-HCBS Three-Year Evaluation

- VA’s Evidence-Based Policy Resource Center (PEPReC) along with the Durham and Providence VAMCs kicked off a three year evaluation of VD-HCBS in 2017.

- The VD-HCBS evaluation will assess outcomes on healthcare utilization, implementation of VD-HCBS for new sites and experiences of Veterans and caregivers.

- More information including initial findings and results will be shared as they become available.

https://www.peprec.research.va.gov/
VD-HCBS Utilization Study: Findings & Results
Questions to Run On

• What’s the value of VD-HCBS for your program?

• How is VD-HCBS integral to the spectrum of services offered to Veterans?

• What activities can support maximizing the value of VD-HCBS?
VD-HCBS Utilization/Demographic Report

- VHA conducted an analysis to compare and contrast Veteran demographics and shifts in utilization after receiving VD-HCBS or H/HHA.
- Seven VAMCs supported this effort and provided information on Veterans enrolled in VD-HCBS during FY2015.
- Demographics include age, priority group, rurality and diagnoses.
- Shifts in utilization were measured by comparing utilization one year prior to and one year after program enrollment.
Comparison of VD-HCBS and H/HHA

- Why compare Veterans enrolled in VD-HCBS and H/HHA?
  - Similarities for the two programs:
    - Type of services that Veterans receive
    - Overall goal of the program
  - Differences for the two programs:
    - Veterans in VD-HCBS are likely to receive more services on average
    - Veterans in VD-HCBS have more flexibility, choice and control over the services they receive
- Chat: How do Veterans in VD-HCBS and H/HHA differ at your VISN/VAMC?
Sampling Size

• VAMCs were selected if they made their first VD-HCBS referral prior to FY2013 and served at least 25 Veterans during FY2015.

• Veterans were included in the analysis if they enrolled and started to receive VD-HCBS or H/HHA in FY2015.

• Below is a summary of the number of Veterans included in the analysis:

<table>
<thead>
<tr>
<th>VAMC</th>
<th>VD-HCBS</th>
<th>H/HHA</th>
</tr>
</thead>
<tbody>
<tr>
<td>(405) White River Junction, VT</td>
<td>67</td>
<td>101</td>
</tr>
<tr>
<td>(516) Bay Pines, FL</td>
<td>26</td>
<td>417</td>
</tr>
<tr>
<td>(523) VA Boston HCS, MA</td>
<td>24</td>
<td>67</td>
</tr>
<tr>
<td>(538) Chillicothe, OH</td>
<td>13</td>
<td>25</td>
</tr>
<tr>
<td>(652) Richmond, VA</td>
<td>9</td>
<td>104</td>
</tr>
<tr>
<td>(689) VA Connecticut HCS, CT</td>
<td>11</td>
<td>68</td>
</tr>
<tr>
<td>(695) Milwaukee, WI</td>
<td>29</td>
<td>77</td>
</tr>
<tr>
<td><strong>Grand Total</strong></td>
<td><strong>179</strong></td>
<td><strong>859</strong></td>
</tr>
</tbody>
</table>
Findings: Demographics

Veterans by Age Group

<table>
<thead>
<tr>
<th>Age Group</th>
<th>% of Total Users</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;45</td>
<td>0%</td>
</tr>
<tr>
<td>45-54</td>
<td>5%</td>
</tr>
<tr>
<td>55-64</td>
<td>10%</td>
</tr>
<tr>
<td>65-74</td>
<td>15%</td>
</tr>
<tr>
<td>75-84</td>
<td>30%</td>
</tr>
<tr>
<td>85+</td>
<td>25%</td>
</tr>
</tbody>
</table>

- H/HHA
- VD-HCBS
Findings: Demographics

Veterans by Priority Group
Findings: Demographics

Veterans by Rurality

% of Total Users

- Highly Rural
- Rural Rurality
- Urban

H/HHA  VD-HCBS
Findings: Diagnostic Categories

Veterans by Diagnostic Category

Users by Diagnosis

- Rheumatic Diseases
- Mental Health
- Cancer
- Paralysis
- Ulcer
- Kidney
- Liver
- Dietary
- Respiratory
- Cardiovascular

% of Total Users

H/HHA
VD-HCBS
Findings: Utilization
Findings: Utilization

**Inpatient** Health Care Utilization Per Veteran by VD-HCBS or H/HHA Enrollment

**Before**

**After**
Findings: Utilization

**Outpatient** Health Care Utilization Per Veteran by VD-HCBS or H/HHA Enrollment

**Before**

**After**
Findings: Utilization

• The chart below summarizes before and after changes for Veterans enrolled in H/HHA or VD-HCBS.
  – Veterans in H/HHA experienced an increased NH utilization and Veterans in VD-HCBS experienced a decreased NH utilization

• Chat: Do these findings align with what you believe to be the experience of Veterans enrolled in your VD-HCBS program?

• Chat: What would help you increase enrollment in VD-HCBS?

Health Care Utilization Before/After Enrollment (Average Utilization per Veteran)

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>VISITS OR DAYS</th>
<th>H/HHA</th>
<th>% DIFF</th>
<th>VD-HCBS</th>
<th>% DIFF</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>BEFORE</td>
<td>AFTER</td>
<td></td>
<td>BEFORE</td>
<td>AFTER</td>
</tr>
<tr>
<td>INPATIENT</td>
<td>9,216 (10.7)</td>
<td>11,325 (13.2)</td>
<td>23%</td>
<td>3,392 (18.9)</td>
<td>2,423 (13.5)</td>
</tr>
<tr>
<td>NON-NH</td>
<td>4,240 (4.9)</td>
<td>3,628 (4.2)</td>
<td>-14%</td>
<td>1,358 (7.6)</td>
<td>1,139 (6.4)</td>
</tr>
<tr>
<td>NH</td>
<td>4,976 (5.8)</td>
<td>7,697 (9.0)</td>
<td>55%</td>
<td>2,034 (11.4)</td>
<td>1,284 (7.2)</td>
</tr>
<tr>
<td>OUTPATIENT</td>
<td>31,221 (36.3)</td>
<td>125,818 (146.5)</td>
<td>303%</td>
<td>17,550 (98.0)</td>
<td>49,638 (277.3)</td>
</tr>
<tr>
<td>ER</td>
<td>585 (0.7)</td>
<td>562 (0.7)</td>
<td>-4%</td>
<td>114 (0.6)</td>
<td>102 (0.6)</td>
</tr>
<tr>
<td>HCBS</td>
<td>4,269 (5.0)</td>
<td>97,107 (113.0)</td>
<td>2175%</td>
<td>10,306 (57.6)</td>
<td>43,413 (242.5)</td>
</tr>
<tr>
<td>NON-HCBS</td>
<td>26,367 (30.7)</td>
<td>28,149 (32.8)</td>
<td>7%</td>
<td>7,130 (39.8)</td>
<td>6,123 (34.2)</td>
</tr>
</tbody>
</table>
Summary

• When compared to Veterans enrolled in H/HHA, Veterans in VD-HCBS tend to be younger, have higher service-connected disabilities and live in more rural areas.

• Veterans receiving H/HHA and VD-HCBS saw a reduction in non-NH inpatient days of care after enrollment.

• Veterans receiving VD-HCBS experienced reductions in NH utilization after enrollment.

• Veterans receiving H/HHA experienced increases in NH utilization after enrollment.
Conclusions

• VD-HCBS is an effective tool at reducing avoidable inpatient, and particularly NH, days of care.

• VAMCs likely use VD-HCBS differently, and target these and other LTSS, to meet the needs of Veterans in a way that’s sustainable for their VAMC.

• There are differences between Veterans receiving H/HHA and those receiving VD-HCBS that are important to consider.

• Future analyses could:
  ► Expand the timeframe and VAMCs included in the analysis
  ► Control for differences between the VD-HCBS and H/HHA populations
Questions & Closing

- Please complete a brief survey after the Webinar:
  - https://www.surveymonkey.com/r/JanuaryVDHCBS

- The next VD-HCBS Educational Webinar will be held on April 18, 2018.

- Please email the VD-HCBS Technical Assistance Team with any questions or to share your own successes!
  - veteranandirected@acl.hhs.gov